

## GOLDEN VISIONS ADULT DAY SERVICES

250 FAME AVENUE, SUITE 125, HANOVER, PA. 17331 PHONE (717) 633-5072 FAX (717) 633-5064

**JULY 2010**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>9:00 Coffee Chat</b> <b>10:00 Arm Chair Exercise</b> <b>10:30 Program #1</b> <b>11:30 Lunch</b> <b>12:30 Program #2</b>	<b>Caregiver Support Group</b> <b>July 20<sup>th</sup></b> <b>3:00 PM</b> <b>Senior Center Side</b>	<b>C.A.R.E. Partner Training</b> <b>July 10<sup>th</sup></b> <b>And</b> <b>July 24<sup>th</sup></b>	<b>1</b> 10:30 Music and Dance with Rose, Don and Wayne 11:30 Lunch 12:30 Music with Marlene Shilling	<b>2</b> 10:00 Faith and Fitness 10:30 Ball Toss 11:30 Lunch 12:30 Game of Choice
<b>5</b>  <b><i>CENTER CLOSED TO CELEBRATE 4<sup>TH</sup> OF JULY</i></b>	<b>6</b> 10:30 Music and Dance with Danny Sullivan 11:30 Lunch 12:30 5¢ Bingo	<b>7</b> 10:00 Walker's Group 10:30 Inspiration with Robert Thomas 11:30 Lunch 12:30 Snack Bingo	<b>8</b> 10:30 Inspiration & Music with Bob Laughman 11:30 Lunch 12:30 Reminisce with Sharon	<b>9</b> 10:00 Faith and Fitness 10:30 Controlling Your Blood Pressure - Lutheran Home Care 11:30 Lunch 12:30 Kitchen Band with Bessie
<b>12</b> 10:30 Pet Therapy with Diane Smith & Friends 11:30 Lunch 12:30 Fruit Bingo	<b>13</b> 10:30 Music with Louise Pitzer 11:30 Lunch 12:30 Make Pretzel Candy <b>Subs Today</b>	<b>14</b> 10:00 Walker's Group 10:30 Inspiration with Robert Thomas 11:30 Lunch 12:30 5¢ Bingo	<b>15</b> 10:30 Music & Dance with Jim Thomson 11:30 Lunch 12:30 Movie and Popcorn	<b>16</b> 10:00 Faith and Fitness 10:30 VNA Blood Pressure Screening 11:30 Lunch 12:30 Game of Choice
<b>19</b> 10:30 Indoor Bowling 11:30 Lunch 12:30 Snack Bingo	<b>20</b> 10:30 Board Game 11:30 Lunch 12:30 Sing-a-long with Sally Kennedy	<b>21</b> 10:00 Walker's Group 10:30 Inspiration with Robert Thomas 11:30 Lunch 12:30 Ticket Bingo	<b>22</b> 10:30 Fill in the Blank with Summertime 11:30 Lunch 12:30 5¢ Bingo	<b>23</b> 10:00 Faith and Fitness 10:30 Roll the Dice 11:30 Lunch 12:30 Make Your Own Ice Cream Sundae
<b>26</b> 10:30 Craft with JoAnn 11:30 Lunch 12:30 Snack Bingo	<b>27</b> 10:30 Special Bingo 11:30 Lunch 12:30 Roll the Dice	<b>28</b> 10:00 Walker's Group 10:30 Inspiration with Robert Thomas 11:30 Lunch 12:30 5¢ Bingo	<b>29</b> <b>9:00 Pancake Breakfast</b> <b>Sign Up Is Needed</b> 11:30 Lunch 12:30 1¢ Bingo	<b>30</b> 10:00 Faith and Fitness 10:30 Game of Choice 11:30 Lunch 12:30 Music and Dance with Paul Ledford