

GOLDEN VISIONS COMMUNITY SENIOR CENTER
250 FAME AVENUE, SUITE 125, HANOVER, PA 17331 PHONE (717) 633-5072 FAX (717) 633-5064

JULY 2010

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 Coffee and Chat 10:00 Arm Chair Exercise 10:30 Program # 1 11:30 Announcements- And Lunch 12:30 Program #2	Caregiver Support Group July 20th 3:00 PM Senior Center Side	C.A.R.E. Partner Training July 10th And July 24th	1 9:00 Cards and Games 10:30 Music & Dance with Rose, Don and Wayne 11:30 Announcements & Lunch 12:30 Music with Marlene Shilling	2 10:00 Faith and Fitness 10:30 Trivia with Staff 11:30 Announcements / Lunch 12:30 High Rollers
5 CENTER CLOSED TO CELEBRATE 4TH OF JULY	6 9:00 Cards and Games 10:30 Music - Danny Sullivan 11:30 Announcements/Lunch 12:30 Word Game APPRISE counseling – Medicare questions- with Brigitt Linne – Must Sign Up	7 10:00 Walker Club 9:00 Cards and Games 10:30 Inspiration with Robert Thomas 11:30 Announcements / Lunch 12:30 10¢ Bingo 20 Games for \$2.00	8 9:00 Cards and Games 10:30 Inspirational Reading & Songs with Bob Laughman 11:30 Lunch-Emig 81 Diner Sign Up is Needed 12:30 Snack Bingo	9 10:00 Faith and Fitness 10:30 Controlling Your Blood Pressure with Lutheran Home Care 11:30 Lunch 12:30 Kitchen Band with Bessie
12 9:00 Cards and Games Pet Therapy with Diane Smith And Friends 11:30 Announcements / Lunch 12:30 10 ¢ Bingo 20 Games for \$2.00	13 8:00 MAKE SUBS 9:00 Cards and Games 10:30 Communicating with Asera Care 11:30 Announcements / Lunch 12:30 Snack Bingo	14 10:00 Walker Club 9:00 Cards / Games 10:30 Inspiration with Robert Thomas 11:30 Announcements / Lunch 12:30 10 ¢ Bingo 20 Games for \$2.00	15 9:00 Cards and Games 10:30 Music and Dance With Jim Thomson 11:30 Announcements/Lunch 12:30 Wii Bowling	16 10:00 Faith and Fitness 10:30 Craft with Our Little People VNA Blood Pressure Screening 11:30 Announcements / Lunch 12:30 Snack Bingo
19 9:00 Cards and Games 11:30 Announcements/ Lunch 12:30 10¢ Bingo 20 games for \$2.00	20 9:00 Cards and Games Lunch at Forbidden City SIGN UP IS NEEDED 12:30 Sing-a-long with Sally 3:00 CARE GIVER SUPPORT	21 10:00 Walker Club 9:00 Cards and Games 10:30 Inspiration with Robert Thomas 11:30 Announcements / Lunch 12:30 10 ¢ Bingo 20 games for \$2.00	22 9:00 Cards and Games 10:30 Make Craft for Shut Ins 11:30 Announcements/Lunch 12:30 5¢ Bingo	23 10:00 Faith and Fitness 10:30 Nutrition – What We Need To Know 11:30 Announcements / Lunch 12:30 Make Your Own Ice Cream Sundaes
26 9:00 Cards and Games 10:00 Family Feud with Providence Place 11:30 Announcements/Lunch 12:30 10¢ Bingo 20 Games for \$2.00	27 9:00 Breakfast at Starlight Diner – Sign Up Is Needed 11:30 Announcements/Lunch 12:30 5¢ Bingo	28 10:00 Walker Club 9:00 Cards and Games 10:30 Inspiration with Robert Thomas 11:30 Announcements/Lunch 12:30 10¢ Bingo-20 for \$2.00	29 9:00 Pancake Breakfast Sign Up Is Needed 10:30 Maintain Independence with Manor Care 11:30 Announcements/Lunch 12:30 Game of Choice	30 10:00 Faith and Fitness 10:30 Do You Remember ? 11:30 Announcements / Lunch 12:30 Music and Dance with Paul Ledford